Self- Manajemen

Nama : Dila Tri Jayanti

Kelas : 10 mipa 5

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| **Kegiatan** | **Waktu** |
| Salat | 05.15 – 05.20 |
| Main hp | 05.20 – 06.05 |
| Sarapan | 06.05 – 06.25 |
| Membersihkan rumah | 06.25 – 09.00 |
| Mandi | 09.00 – 09.20 |
| Mengerjakan tugas | 09.20 – 11.40 |
| Makan siang | 11.40 – 12.05 |
| Salat | 12.05 – 12.15 |
| Tidur siang | 12.15 – 15.15 |
| Main hp | 15.15 – 17.45 |
| Mandi | 17.45 – 18.00 |
| Salat | 18.00 – 18.05 |
| Makan | 18.05 – 18.20 |
| Main hp | 18.20 – 21.10 |
| Salat | 21.10 – 21.15 |
| Tidur | 21.15 |